

Cytogenomic assessment of the diagnosis of 93 patients with developmental delay and multiple congenital abnormalities: The Brazilian experience

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OBJECTIVE: The human genome contains several types of variations, such as copy number variations, that can generate specific clinical abnormalities. Different techniques are used to detect these changes, and obtaining an unequivocal diagnosis is important to understand the physiopathology of the diseases. The objective of this study was to assess the diagnostic capacity of multiplex ligation-dependent probe amplification and array techniques for etiologic diagnosis of syndromic patients.

METHODS: We analyzed 93 patients with developmental delay and multiple congenital abnormalities using multiplex ligation-dependent probe amplifications and arrays.

RESULTS: Multiplex ligation-dependent probe amplification using different kits revealed several changes in approximately 33.3% of patients. The use of arrays with different platforms showed an approximately 53.75% detection rate for at least one pathogenic change and a 46.25% detection rate for patients with benign changes. A concomitant assessment of the two techniques showed an approximately 97.8% rate of concordance, although the results were not the same in all cases. In contrast with the array results, the MLPA technique detected ~70.6% of pathogenic changes.

CONCLUSION: The obtained results corroborated data reported in the literature, but the overall detection rate was higher than the rates previously reported, due in part to the criteria used to select patients. Although arrays are the most efficient tool for diagnosis, they are not always suitable as a first-line diagnostic approach because of their high cost for large-scale use in developing countries. Thus, clinical and laboratory interactions with skilled technicians are required to target patients for the most effective and beneficial molecular diagnosis.

KEYWORDS: Cytogenomic Techniques; MLPA; Array; Developmental Delay; Multiple Congenital Abnormalities.

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INTRODUCTION

The human genome contains several types of structural variations that contribute to genetic diversity and disease susceptibility (1,2). These structural variations include single nucleotide alterations, such as point mutations or SNPs (single nucleotide polymorphisms), small InDels, and copy number variations (CNVs) (1,3).

CNVs are the most prevalent type of structural variation in the human genome and can affect the transcription rate, sequence, structure, and function of genes. These genomic variations include a range of deletions and duplications larger than 1 kb and up to several Mb (1,2).

Although these variations often represent only small genomic segments, they can generate several specific clinical abnormalities, such as developmental delay (DD) and multiple congenital abnormalities (MCAs) (1-4). However, the etiology of these disorders is not well understood, making genetic counseling and treatment difficult (1,2,5).

Different cytogenomic techniques have been used to detect these changes, including the MLPA (multiplex ligation-dependent probe amplification) and array techniques (1,6,7).

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MLPA is a technique that is used to detect deletions and duplications in genetic diseases of interest, such as the most common microdeletion/microduplication syndromes and subtelomeric regions (8,9).

This method is considered a faster alternative and is more economically viable than other molecular techniques (3,10), and it allows quantitative genomic screening of target-specific sequences through simultaneous hybridization and amplification via polymerase chain reaction (PCR) using more than 50 different probes in a single reaction (3,8,11,12).

The screening of specific submicroscopic changes via MLPA detects abnormalities in 5 to 10% of patients with a normal conventional karyotype (13-15). Thus, in a single test, the MLPA evaluates patients with characteristics of microdeletion/microduplication syndromes and/or patients with suspected subtelomeric abnormalities (9,15-18).

Although MLPA allows the evaluation of multiple different genomic regions, the main limitation of this technique is the need for a clinical hypothesis to direct the selection of a specific kit for analysis (3,8). In contrast, the array technique does not require a specific clinical diagnosis before use.

The array technique permits the assessment of the CNVs present in the whole genome of a patient in a single reaction with a high level of resolution (~0.7 kb), depending on the platform, types of probes and how they are distributed in the genome, thus increasing the detection rate of complex imbalances (4,19,20).

This technique involves the hybridization of probes to complementary DNA (genomic sequence segments) on a slide or chip array and subsequent analysis of the fluorescence annealed to the target DNA sequences using specific software (7,21).

Currently, there are several companies that offer this technology on different platforms, offering slides or chips with a high density or coverage of the genome. However, these platforms vary in the number of probes used, and several of them can interrogate millions of regions in a single sample (4,7,20,22,23).

The main advantage of the array technique is the ability to investigate the entire genome in a single experiment with higher resolution and accuracy compared with traditional and molecular cytogenetics, as this allows the investigation of small changes that may have an impact on the phenotype of patients without a definitive clinical diagnosis (19,22,24).

Thus, arrays have been employed to diagnose patients with DD and MCAs as well as normal karyotypes, increasing the detection rate of small genomic imbalances and the diagnosis of patients with clinical phenotypes of unknown etiology (22,25).

The main limitations of the array technique are the high cost of large-scale application for developing countries, the experimental time required (3-5 days), and the expertise required for classification of the results (CNVs), which can only be interpreted by a highly qualified professional (25-27).

An unequivocal diagnosis is fundamental to providing suitable answers regarding the prognosis and risk of recurrence and can contribute to improving public health policy (2,25,28).

In developed countries, the array technique is already being used as the first-line molecular diagnostic test in patients with MCA (28,29). Recently, Brazil has modified its policies in the field of genetics, including the clinical genetics policy guidelines of the *Sistema Único de Saúde* (SUS), and has provided financial incentives to cover the costs of genetic testing

and counseling in the national health network (http://bvsms.saude.gov.br/bvs/publicacoes/diretrizes_atencao_integral_pessoa_doencas_raras_SUS.pdf).

Thus, genetic services must study the best strategies for molecular assessment to diagnose each patient referred with DD and MCA, as the introduction of a single molecular diagnostic method, such as array technology, as a first-line assessment method for patients with DD and MCA is impractical in Brazil due to insufficient public investment in the health care system and because low-income patients cannot afford such tests.

In this study, we report our experience with the implementation and assessment of MLPA using different kits, array platforms (Affymetrix, Agilent and Illumina), and probe densities for the molecular diagnostic and scientific analysis of 93 Brazilian patients with DD and MCA.

■ MATERIALS AND METHODS

This study involved 93 patients who were evaluated using MLPA and array techniques. The patients presented with DD and MCAs, such as minor facial anomalies, including a high forehead, frontal bossing, broad nasal bridge, low-set ears, ocular hypertelorism, and abnormalities of the eyes, as well as major congenital defects, such as skeletal and genital malformations, heart defects, and structural brain abnormalities.

All patients were previously assessed through conventional cytogenetic analysis to identify their numerical and structural chromosomal abnormalities; metaphase chromosomes were obtained from peripheral blood lymphocyte samples the patients, and G-banding analysis was performed using standard procedures. In each case, twenty metaphase chromosomes were analyzed at a 550-chromosome band resolution (≥ 5 Mb) and then classified according to the International System for Human Cytogenetic Nomenclature 2013 (ISCN) guidelines.

Genomic DNA was isolated from 3 mL of peripheral whole blood from patients using a commercially available DNA isolation kit (QIAamp DNA Blood Mini Kit[®], Qiagen, Hilden, Germany) according to the manufacturer's instructions. The quality and quantity of the DNA samples were determined using a Qubit[®] 2.0 Fluorometer (Invitrogen, Carlsbad, California, USA), and the integrity of the DNA was ascertained via agarose gel electrophoresis analysis.

All of the genomic DNAs were screened with the following three MLPA kits: for the most common microdeletion/microduplication syndromes, the SALSA MLPA probemix P064-B2 Mental Retardation-1 kit was employed, which includes probes for the 1p36 deletion, Williams-Beuren, Smith-Magenis, Miller-Dieker, 22q11.2 deletion, Prader-Willi/Angelman, Alagille, Saethre-Chotzen, and Sotos syndromes; for subtelomeric imbalances, the SALSA MLPA probemix P036-E1 Human Telomere-3 and SALSA MLPA probemix P070-B2 Human Telomere-5 kits were used, which include subtelomeric probes for all chromosomes (MRC-Holland, Amsterdam, Netherlands).

In several cases, the patients' genomic DNA samples were also assessed using specific MLPA kits to confirm the observed changes. The kits used in these cases were the SALSA MLPA probemix P250-B1 DiGeorge and SALSA MLPA probemix P356-A1 Chromosome 22q kits, which are specific for chromosome 22, and the SALSA MLPA probemix P029-A1 Williams-Beuren Syndrome kit, which is specific for



changes in chromosome 7q11 (MRC-Holland, Amsterdam, Netherlands).

DNA denaturation, hybridization of probes, ligation, and PCR were performed according to the manufacturer's instructions, as described by Schouten et al. (11). Separation of the amplification products via electrophoresis was performed using an ABI 3500 Genetic Analyzer (Thermo Fisher Scientific, Waltham, Massachusetts, USA), and the data were analyzed using GeneMarker software, version 1.6 (www.softgenetics.com-Softgenetics, State College, Pennsylvania, USA).

The peak area of each fragment was compared with that of a control sample, and the results were considered abnormal when the relative peak-height ratio was less than 0.75 (deletion) or greater than 1.25 (duplication). The details of the regions and probes detected by each kit can be found at www.mlpa.com.

The arrays were employed on three different platforms, from Agilent Technologies (Santa Clara, California, USA), Affymetrix (Santa Clara, California, USA) and Illumina (San Diego, California, USA), which differ in the technology used.

On the Agilent platform, we used the Human Genome CGH Microarray 2x105K slide, containing 105,750 probes with an average spacing of 22 kb, the SurePrint G3 Human CGH Microarray 4x180K slide, containing 180,880 probes distributed throughout the genome with an average spacing of 13 kb, and the SurePrint G3 Human CGH Microarray 8x60K slide, containing 62,976 probes with an average spacing of 41 kb.

On the Affymetrix platform, we used the Affymetrix Genome-Wide Human SNP Array 6.0 chip (1.8 million genetic markers), which contains 906,600 single-nucleotide polymorphism (SNP) probes and over 946,000 probes for the detection of CNVs, with a median physical inter-marker distance of 1-5 kb, as well as the CytoScan HD chip, which contains 2,696,550 CNV probes and 749,157 SNP probes, with an average spacing of 1.1 kb.

On the Illumina platform, we employed the HumanCytoSNP-12 BeadChip, with 300,000 oligonucleotide probes and an average spacing of 9.7 kb, and the CytoSNP-850K, with 843,888 markers and an average probe spacing of 1.8 kb across the whole array.

In all samples, amplification, hybridization, staining and washing were performed according to the manufacturers' protocols, and the data were extracted by a specific scanner. The CGH arrays are based on the principle of comparison between the signal intensities of a sample and commercially acquired human male control DNA (Promega Corporation, Madison, Wisconsin, USA). For the SNP arrays (Affymetrix) and bead arrays (Illumina), only a single hybridization is performed for the patient DNA, and the signal intensities are then compared with a reference dataset based on pre-run reference samples.

The raw data were analyzed using Feature Extraction v9.5, Affymetrix Chromosome Analysis Suite (ChAS) v.1.2, or KaryoStudio v1.4.3.0 Build 37 software. The data were normalized, and \log_2 ratios were calculated by dividing the normalized intensity of the sample by the mean intensity across the reference sample.

The criteria used to determine a CNV included the involvement of at least five consecutive probes sets in a region and \log_2 ratio cut-offs of -0.41 and +0.32 for loss and gain, respectively. The software produced graphical representations of CNV breakpoints for each sample.

The SNP and bead arrays supply the B allele frequency (BAF), which represents the proportion of B alleles in the genotype. A region without evidence of CNVs should show a \log_2 ratio near zero and three BAF clusters of 0, 0.5, and 1, corresponding to the AA, AB, and BB genotypes, respectively.

All samples were evaluated and were found to be in accordance with the quality standards.

The results were analyzed according to the American College of Medical Genetics guidelines (30) using independent tests and were compared with the following databanks of CNVs and classified as benign, pathogenic or VOUS (variants of uncertain clinical significance): the Database of Genomic Variants (DGV - <http://projects.tcag.ca/variation/>), the Database of Chromosomal Imbalance and Phenotype in Humans Using Ensembl Resources (DECIPHER - <http://decipher.sanger.ac.uk/>) and the UCSC Genome Bioinformatics database (<http://genome.ucsc.edu>). The genomic positions are reported according to their mapping on the GRCh37/hg19 genome build.

Ethics

The Research Ethics Committee of the Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo (HC-FMUSP) approved this study, and written informed consent for publication was obtained from the parents of the patients (CAPPesq n° 0619/11).

RESULTS

In this study, we assessed 93 patients with DD and MCAs via the MLPA and array techniques. The patients showed either a normal karyotype or a karyotype with an undetermined abnormality according to G-banding, which made it impossible to obtain a conclusive diagnosis.

We found that ~97.8% (91/93) of the results from the two methods were consistent with each other (all results are described in Table 1). Among the evaluated patients, ~13.2% (12/91) showed no alterations according to either technique; ~54.9% (50/91) only showed changes in the array analysis; and ~39.9% (29/91) of the patients showed CNVs according to both techniques (Figure 1).

One case with inconclusive results was found in our cohort, and further evaluation using other molecular techniques should be performed to definitively diagnose this patient. Although the changes observed using both techniques were consistent, the breakpoint determined by the array did not correspond exactly to the genomic localization of the MLPA probe, and there were several array probes between these two probes.

The MLPA results were inconsistent with the array results in two cases. We found a duplication in the *FZD9* gene in one case (P064 and P029), and in the other, we identified two alterations (del 16p13.3 with the P036 kit and del 19p13.3 with the P070 kit) using MLPA, which were confirmed via independent reactions. However, these alterations were not identified with the array because none of the array probes are located at exactly the same position as the MLPA probe.

Several of the MLPA results were inconclusive, but this did not affect the comparison of the techniques because the regions targeted by MLPA were repeated in several of the kits used in this study. Thus, the results were concordant, and although the results were not the same in all cases, the



Table 1 - Description of cyto-genomic results obtained via the MLPA and array techniques.

ID	Array results				MLPA results						
	CNVs	Start - End	Size (pb)	Classification	Kit P064	Kit P036	Kit P070	Kit P250	Kit P356	Kit P029	
01	del 17p11.2	17,626,111 - 17,640,000	13,889	Pathogenic	nml	nml	nml	-	-	-	
02	del 19p13.12	14,729,069 - 14,768,462	39,393	Benign	nml	nml	nml	-	-	nml	
03	del 22q11.21	21,034,808 - 21,572,202	537,394	VOUS	del 22q11.21 atypical (SNAP29)	nml	nml	del 22q11.21 atypical (SNAP29 and LZTR1)	nml	-	
04	dup 7q11.23 → q22.1	74,480,670 - 99,700,362	25,219,692	Pathogenic	nml	nml	nml	-	-	-	
05	dup 22q11.21	18,844,632 - 18,979,405	134,773	VOUS	nml	nml	nml	nml	inconclusive	-	
06	dup 18q22.2 → q22.3	68,090,674 - 68,756,043	665,369	VOUS	nml	nml	nml	nml	-	-	
07	dup 17q21.31	44,204,373 - 44,788,310	583,937	Pathogenic	nml	nml	nml	nml	dup 22q11.21 atypical (PRODH)	-	
08	dup 22q11.21	18,877,787 - 19,008,108	130,321	VOUS	nml	nml	nml	nml	-	-	
09	dup Xq22.2	No change	192,511	VOUS	nml	nml	nml	-	-	-	
10	del 1q21.1 → q21.2	103,111,457 - 103,303,968	192,511	VOUS	nml	nml	nml	-	-	-	
11	dup 12q13.11	146,516,199 - 147,828,939	1,312,740	Pathogenic	nml	nml	nml	-	-	-	
12	del 8p23.2	47,608,167 - 47,740,591	132,424	Benign	nml	nml	nml	-	-	-	
13	del 16p11.2	4,814,896 - 5,044,296	229,400	Benign	nml	nml	nml	-	-	-	
14	del 6q25.2 → q27	32,502,868 - 32,951,981	449,113	Benign	nml	nml	nml	-	-	-	
15	dup Xp22.33	153,258,023 - 165,115,007	11,856,984	Pathogenic	nml	nml	nml	-	-	-	
16	dup 22q13.31	1,957,876 - 2,065,015	107,139	Benign	nml	nml	nml	-	-	-	
17	dup 22q11.22	47,327,892 - 47,675,283	347,391	Benign	nml	nml	nml	inconclusive	nml	-	
18	dup 22q11.21	22,314,463 - 22,580,314	265,851	Benign	nml	nml	nml	inconclusive	nml	-	
19	dup Xq28	18,877,787 - 21,462,353	2,584,566	Pathogenic	del 22q11.21 typical	nml	nml	del 22q11.21 typical	del 22q11.21 typical	-	
20	del 6q24.3 → q25.1	152,667,088 - 153,878,001	1,210,913	Pathogenic	nml	nml	nml	-	-	dup 7q11.23 atypical (FZD9)	
21	del 17q23.3	No change	849,585	VOUS	dup 7q11.23 atypical (FZD9)	nml	nml	-	-	nml	
22	del 4q34.3 → q35.2	No change	30,500	Benign	nml	nml	nml	-	-	-	
23	dup 5q34 → q35.3	148,971,363 - 149,820,948	849,585	Pathogenic	dup 5q35.3 typical	dup 5q35.3; del 4q35.2	dup 5q35.3; del 4q35.2	-	-	-	
24	dup 15q11.1 → q21.2	179,962,284 - 190,790,881	10,828,597	Pathogenic	dup 15q11.12 typical	dup 15q11.2-cen	dup 15q11.2-cen	-	-	-	
25	dup 5p15.33 → p13.3	126,850,508 - 133,819,092	6,968,584	Pathogenic	nml	del 9p24.3; dup 18q23	del 9p24.3; dup 18q23	inconclusive	nml	-	
26	dup 8p23.2	20,375,156 - 52,129,171	31,754,015	Benign	nml	dup 5p15.33; dup 14q11.2-cen	dup 5p15.33; dup 14q11.2-cen	-	-	-	
27	dup 9p13.1 → p12	193,613,358 - 25,127,451	5,766,093	Pathogenic	nml	dup 15q11.2-cen	dup 15q11.2-cen	nml	-	-	
28	del 4p16.3 → p16.1	2,310,313 - 2,581,969	271,656	Benign	nml	inconclusive	nml	nml	-	-	
29	dup 16p12.2	40,294,324 - 42,374,011	2,079,687	Pathogenic	nml	del 4p16.3	del 4p16.3	-	-	-	
30	del 7q11.23	126,501,321 - 126,671,287	169,966	VOUS	del 7q11.23 typical	nml	nml	-	-	-	
31	LOH 4q24-q26	48,283 - 6,471,246	6,423,143	Pathogenic	nml	nml	nml	nml	-	-	
32	LOH 4q32.3-q34.1	15,052,746 - 16,289,532	1,236,786	VOUS	nml	nml	nml	-	-	-	
33	LOH 17p13.2-p12	46,947,635 - 47,741,321	793,686	Pathogenic	nml	nml	nml	-	-	-	
34	LOH 17q21.2-q22	21,599,125 - 21,740,231	141,106	Pathogenic	nml	nml	nml	-	-	-	
35	del Xp11.23	72,722,981 - 74,138,121	1,415,140	Pathogenic	nml	nml	nml	-	-	-	
36	del 7p21.1 → p15.3	117,394,974 - 117,742,647	347,673	VOUS	nml	nml	nml	-	-	-	
37	del 22q13.2	102,641,428 - 118,463,264	15,821,836	Pathogenic	nml	nml	nml	-	-	-	
38	del 8q24.23	166,848,001 - 175,764,593	8,916,592	Benign	nml	nml	nml	-	-	-	
39	dup Xp22.33	6,004,639 - 12,043,573	6,038,934	Benign	nml	nml	nml	-	-	-	
40	dup 17q21.2-q22	38,640,744 - 54,902,055	16,261,311	Benign	nml	nml	nml	-	-	-	
41	del Xp11.23	74,143,047 - 85,618,308	11,475,261	Pathogenic	nml	nml	nml	-	-	-	
42	del 7p21.1 → p15.3	47,871,775 - 48,001,226	129,451	Benign	nml	nml	nml	-	-	-	
43	del 22q13.2	20,703,948 - 21,582,516	878,568	VOUS	nml	nml	nml	-	-	-	
44	del 8q24.23	41,036,329 - 41,640,297	603,968	Pathogenic	nml	nml	nml	nml	nml	-	
45	dup Xp22.33	137,730,280 - 137,850,011	119,731	Benign	nml	nml	nml	-	-	-	
46	dup Xp22.33	93,118 - 506,344	413,226	Benign	nml	nml	nml	-	-	-	



Table 1 - Continued.

ID	CNVs	Array results		Classification	MLPA results							
		Start - End	Size (pb)		Kit P064	Kit P036	Kit P070	Kit P250	Kit P356	Kit P029		
34	del 8p23.2 → p23.1 dup 10q11.21	6,143,107 - 6,248,244 45,212,898 - 45,359,483	105,137 146,585	Benign	nml	nml	nml	-	-	-	-	-
35	dup Xp22.31 → p22.2 dup Xp22.2	9,353,507 - 9,546,184 11,047,140 - 11,608,207	192,677 561,067	Benign	nml	nml	nml	-	-	-	-	-
36	dup 15q26.3 LOH 3p22.1-p11.1 LOH 3q11.1-q11.2 LOH 6q21-q25.1 LOH 6p25.3-q27 LOH 10q26.12-q26.3 LOH 13q32.1-q33.1 LOH 13q33.2-q34 LOH 16p13.13-p12.1 LOH 19p13.2-p13.11 LOH 20p12.2-p12.1	100,351,154 - 100,589,056 41,897,482 - 90,442,925 93,632,889 - 97,474,630 107,328,319 - 149,605,182 156,586,155 - 170,898,549 122,697,234 - 131,869,597 95,842,069 - 102,302,850 106,386,553 - 115,106,996 11,761,688 - 27,853,219 8,386,306 - 16,372,158 10,082,476 - 15,254,051	237,902 48,545,443 3,841,741 42,276,863 14,312,394 9,172,363 6,460,781 8,720,443 16,091,531 7,985,852 5,171,575	10 regions - LOH	nml	nml	nml	-	-	-	-	-
37	del 4q32.1 → q35.2 dup 5p15.2	161,623,467 - 190,880,409 13,798,819 - 14,177,667	29,256,942 378,848	Pathogenic	nml	del 4q35.2	del 4q35.2	-	-	-	-	-
38	del 2q11.2	90,027,810 - 90,247,720	219,910	Benign	nml	nml	nml	-	-	-	-	-
39	dup 5q35.1 → q35.3 dup 5q35.1 → q35.3	239,550,182 - 243,029,573 172,176,461 - 180,705,539	3,479,391 8,529,078	Pathogenic	dup 5q35.3 typical	del 2q37.3; dup 5q35.3	del 2q37.3; dup 5q35.3	-	-	-	-	-
40	dup 10q11.22 dup 22q13.31	47,087,371 - 47,756,480 47,330,328 - 47,675,283	669,109 344,955	Pathogenic	nml	nml	nml	nml	nml	nml	nml	nml
41	del 9p23 → p22.3	13,468,616 - 14,566,406	1,097,790	Benign	nml	nml	nml	del 7p22.3; dup 12q24.33	del 7p22.3; dup 12q24.33	-	-	-
42	del 7p22.3 dup 12q24.22 → q24.33	45,130 - 1,691,646 116,878,379 - 133,819,092	1,646,516 16,940,713	Pathogenic	nml	del 7p22.3; dup 12q24.33	del 7p22.3; dup 12q24.33	-	-	-	-	-
43	dup 5p15.33 del Yq11.221 → q12	71,904 - 2,425,306 19,571,776 - 59,311,250	2,353,402 39,739,474	Pathogenic	nml	dup 5p15.33; del Yq12	dup 5p15.33; del Yq12	-	-	-	-	-
44	dup 3q26.31 → q29 del 9p24.3 → p23	174,466,591 - 197,845,254 204,104 - 11,659,355	23,378,663 11,455,251	Pathogenic	nml	dup 3q29; del 9p24.3	dup 3q29; del 9p24.3	-	-	-	-	-
45	del 17p13.3 dup 17q25.1 → q25.3	148,092 - 2,310,571 74,307,023 - 80,943,189	2,162,479 6,636,166	Pathogenic	del 17p13.3 atypical (HIC and METTL16)	del 17p13.3; dup 17q25.3	del 17p13.3; dup 17q25.3	-	-	-	-	-
46	del 2q33.1 del 3q28 LOH Xq21.1	203,291,000 - 203,312,000 189,360,000 - 189,364,000 78,667,293 - 82,400,000	21,000 4,000 3,732,707	Benign	nml	nml	nml	-	-	-	-	-
47	del 1q25.3 dup 3q22.1 del 9p21.1	180,300,936 - 180,394,157 129,676,581 - 129,896,364 32,562,410 - 32,615,311	93,221 219,783 52,901	1 region - LOH VOUS	nml	nml	nml	-	-	-	-	-
48	dup 9p11.2 del 9p11.2	41,692,304 - 44,244,868 44,727,846 - 44,824,251	2,552,564 96,405	Pathogenic	nml	nml	nml	-	-	-	-	-
49	dup 9p11.2 del 1p36.33 → p36.32	44,864,687 - 45,723,022 564,620 - 2,456,203	858,335 1,891,583	Benign VOUS	del 1p36 atypical (P73 nml)	del 1p36.33	del 1p36.33	-	-	-	-	-
	del 1p36.32 dup 1p36.32	2,473,257 - 3,446,813 3,474,630 - 3,641,681	973,556 167,051	Pathogenic	nml	del 1p36.33	del 1p36.33	-	-	-	-	-
50	del 8q24.23 dup 7q11.22	137,730,280 - 137,850,011 71,021,037 - 71,272,257	119,731 251,220	Benign	nml	nml	nml	-	-	-	-	-
51	del 8q24.23 dup 14q11.2 LOH 7p15.1-p12.1 LOH 8p23.1-p22 LOH 8q23.3-q24.23 LOH 8q24.23-q24.3 LOH 9q32-q34.11 LOH 17p13.3-13.1	137,730,280 - 137,850,011 20,213,937 - 20,379,392 28,698,698 - 52,857,194 8,105,359 - 18,289,407 114,783,837 - 137,679,805 137,900,733 - 146,293,086 115,745,240 - 130,633,433 53,011 - 9,193,945	119,731 165,455 24,158,496 10,184,048 22,895,968 8,392,353 14,888,193 9,140,934	Benign Benign 8 regions - LOH	nml	nml	nml	nml	-	-	-	-



Table 1 - Continued.

ID	CNVs	Array results			Classification	MLPA results												
		Start	End	Size (pb)		Kit P064	Kit P036	Kit P070	Kit P250	Kit P356	Kit P029							
	LOH 22q12.3-q13.1	33,850,168	- 40,864,782	7,014,614														
	LOH 22q13.31-q13.33	45,136,360	- 51,169,045	6,032,685	Benign													
52	dup 4q28.3	131,880,992	- 132,305,574	424,582	Benign				nml	nml	nml	-	-	-	-	-	-	-
	del 22q11.23 → q12.1	25,732,697	- 25,910,879	178,182	VOUS													
	dup Xq22.2	103,179,170	- 103,303,968	124,798	Pathogenic				nml	nml	nml	-	-	-	-	-	-	-
53	del Xp22.13 → p22.12	18,179,714	- 19,719,264	1,539,550	Pathogenic													
	dup 14q32.33	106,067,618	- 106,823,886	756,268	Pathogenic				nml	nml	nml	-	-	-	-	-	-	-
54	dup 7q11.23	76,143,705	- 76,615,349	471,644	Benign													
	del 5q12.1	59,209,183	- 59,522,613	313,430	VOUS													
55	del 4q35.1 → q35.2	185,821,036	- 190,880,409	5,059,373	Pathogenic				nml	del 4q35.2; dup Xq28	del 4q35.2; dup Xq28	-	-	-	-	-	-	-
	dup Xq27.1 → q28	139,513,770	- 154,929,412	15,415,642	Pathogenic													
	dup Xp22.33	2,139,005	- 2,319,653	180,648	Benign													
	dup Xq28	154,939,018	- 155,235,833	296,815	Benign													
56	dup 9p24 → p23	46,587	- 13,014,232	12,967,645	Pathogenic				nml	dup 9p24.3; del 18q23	dup 9p24.3; del 18q23	nml	-	-	-	-	-	-
	del 18q22 → q23	70,657,389	- 78,014,582	7,357,193	Pathogenic													
	dup Xp22.31	7,811,750	- 8,115,453	303,703	Benign													
57	del 2q37.3	239,550,182	- 243,029,573	3,479,391	Pathogenic				dup 5q35.3 typical	del 2q37.3; dup 5q35.3	del 2q37.3; dup 5q35.3	-	-	-	-	-	-	-
	dup 5q35.1 → q35.3	172,246,068	- 180,705,539	8,459,471	Pathogenic													
	dup 18q12.1	27,778,530	- 28,050,968	272,438	Benign													
58	del 4p16.3 → p16.1	48,283	- 9,370,908	9,322,625	Pathogenic				nml	del 4p16.3; dup 8p23.3	del 4p16.3; dup 8p23.3	-	-	-	-	-	-	-
	dup 8p23.3 → p23.1	176,818	- 6,974,050	6,797,232	Pathogenic													
59	dup 4q26 → q35.2	118,777,687	- 190,880,409	72,102,722	Pathogenic				nml	dup 4q35.2; dup 7q36.3	dup 4q35.2; del 7q36.3	-	-	-	-	-	-	-
	dup 6q27	168,329,404	- 168,612,631	283,227	Benign													
	del 7p21.2	14,436,385	- 14,737,999	301,614	VOUS													
	del 7q36.3	158,498,994	- 159,119,486	620,492	VOUS													
60	dup 6p22.3 → p12.3	24,247,896	- 50,203,633	25,955,737	Pathogenic				nml	nml	nml	-	-	-	-	-	-	-
	dup 2q22.2 → q22.3	143,387,612	- 145,082,658	1,695,046	VOUS													
	dup 10q11.22	46,972,140	- 47,681,957	709,817	Pathogenic													
61	dup 2p25.3 → p24.3	72,184	- 14,844,939	14,772,755	Pathogenic				nml	inconclusive	dup 2p25.3; del 4q35.2	del 4q35 (KLBK1)	-	-	-	-	-	-
	del 4q35.1 → q35.2	186,468,992	- 190,880,409	4,411,417	VOUS													
	dup 6q27	168,336,052	- 168,596,251	260,199	Pathogenic													
62	del 7q11.23	72,569,012	- 72,685,658	116,646	Pathogenic				del 7q11.23 atypical (FZD9 nml)	dup Yp11.32; dup Yq12	dup Yp11.32; dup Yq12	-	-	-	-	-	-	-
	del 7q11.23	73,082,174	- 74,267,872	1,185,698	Pathogenic													
	del 7q11.23	74,298,092	- 74,601,104	303,012	Pathogenic													
	dup Xp22.33	192,991	- 2,693,037	2,500,046	Benign													
	dup Yp11.31 → q11.23	0	- 28,800,000	28,800,000	Benign													
	dup 7p14.3	33,134,410	- 33,193,210	58,805	Benign													
	del 13q31.3	94,422,000	- 94,480,000	58,000	Pathogenic													
63	dup 16p24.1 → q24.3	85,817,324	- 90,148,796	4,331,472	Pathogenic				nml	del 16p13.3; dup 16q24.3	del 16p13.3; dup 16q24.3	inconclusive	-	-	-	-	-	-
	dup 14q11.2	20,213,937	- 20,425,051	211,114	Benign													
	del 16p13.3	105,320	- 203,254	97,934	Pathogenic													
	dup 22q11.22	22,314,463	- 22,573,637	259,174	Benign													
	del 16p13.3	227,406	- 828,466	601,060	VOUS													
	dup Xq22.2	103,173,049	- 103,303,968	130,919	VOUS													
64		No change			Benign				nml	nml	nml	-	-	-	-	-	-	-
65	dup 10q11.22	No change			Benign				nml	nml	nml	-	-	-	-	-	-	-
66	dup 10q11.22	47,084,916	- 47,741,321	656,405	Benign				nml	nml	nml	-	-	-	-	-	-	-
67	del 8p21.3 → p21.2	23,148,930	- 23,310,904	161,974	Benign				inconclusive	inconclusive	inconclusive	-	-	-	-	-	-	-
68		No change			Benign				nml	nml	nml	-	-	-	-	-	-	-
69	dup 10q11.21	45,212,898	- 45,359,483	146,585	Benign				nml	nml	nml	-	-	-	-	-	-	-
70	del Xp11.23	47,871,775	- 47,985,557	113,782	Benign				nml	nml	nml	-	-	-	-	-	-	-
71	dup 9p13.1 → p12	40,294,324	- 42,374,011	2,079,687	Benign				nml	nml	nml	-	-	-	-	-	-	-
72		No change			Benign				nml	nml	nml	-	-	-	-	-	-	-
73		No change			Benign				nml	nml	nml	-	-	-	-	-	-	-



Table 1 - Continued.

ID	CNVs	Array results			Classification	MLPA results									
		Start	End	Size (pb)		Kit P064	Kit P036	Kit P070	Kit P250	Kit P356	Kit P029				
74	dup Xq28	152,667,088	- 153,903,395	1,236,307	Pathogenic	nml	nml	nml	-	-	-	-	-	-	-
75		No change				nml	nml	nml	-	nml	-	nml	-	-	-
76	dup Yq11.23	27,266,362	- 28,693,558	1,427,196	VOUS	nml	nml	nml	-	-	-	-	-	-	-
77		No change				nml	nml	nml	-	nml	-	nml	-	-	-
78		No change				nml	nml	nml	-	nml	-	nml	-	-	-
79	del 2p11.2	90,027,810	- 90,247,720	219,910	Benign	nml	nml	nml	-	-	-	-	-	-	-
	dup 21q11.2	14,687,571	- 15,214,708	527,137		nml	nml	nml	-	-	-	-	-	-	-
	del Xp21.3	27,151,611	- 27,337,941	186,330		nml	nml	nml	-	-	-	-	-	-	-
80	dup 2q13	110,863,908	- 110,982,530	118,622	Benign	nml	nml	nml	-	-	-	-	-	-	-
81	dup 7q21.3	95,467,621	- 96,178,713	711,092	Benign	nml	nml	nml	-	-	-	-	-	-	-
	del 9p23 → p22.3	13,468,616	- 14,566,406	1,097,790		nml	nml	nml	-	-	-	-	-	-	-
	dup 22q11.23 → q12.1	25,732,697	- 25,910,879	178,182		nml	nml	nml	-	-	-	-	-	-	-
82		No change				nml	nml	nml	-	-	-	-	-	-	-
83	del 8p23.1	6,982,980	- 12,483,094	5,500,114	Pathogenic	nml	nml	nml	-	-	-	-	-	-	-
	dup 2q22.3 → q23.1	148,649,175	- 148,956,584	307,409	Benign	nml	nml	nml	-	-	-	-	-	-	-
	dup 5p13.2	36,902,936	- 37,159,877	256,941		nml	nml	nml	-	-	-	-	-	-	-
	dup 6p21.1	44,810,418	- 45,334,537	524,119		nml	nml	nml	-	-	-	-	-	-	-
	dup 8q22.2	100,111,153	- 100,528,645	417,492		nml	nml	nml	-	-	-	-	-	-	-
	dup 11p15.2	14,504,463	- 14,906,450	401,987		nml	nml	nml	-	-	-	-	-	-	-
	dup 13q31.3	92,492,127	- 92,815,210	323,083		nml	nml	nml	-	-	-	-	-	-	-
	dup 17q11.2	29,574,712	- 29,699,649	124,937		nml	nml	nml	-	-	-	-	-	-	-
84	dup 7q11.1 → q11.21	61,074,194	- 62,403,985	1,329,791	Benign	nml	nml	nml	-	-	-	-	-	-	-
	dup 12p11.1	34,362,752	- 34,853,011	490,259		nml	nml	nml	-	-	-	-	-	-	-
	dup 17q11.2	29,444,844	- 29,562,294	117,450		nml	nml	nml	-	-	-	-	-	-	-
	dup 17q11.2	29,574,712	- 29,699,649	124,937		nml	nml	nml	-	-	-	-	-	-	-
85	del 13q12.12	23,548,470	- 24,960,000	1,411,530	Pathogenic	del 22q11 typical	nml	nml	-	-	-	-	-	-	-
	del 22q11.21	18,886,915	- 21,463,730	2,576,815		nml	nml	nml	-	-	-	-	-	-	-
	dup 17q21.31	44,246,211	- 44,580,136	333,925	Benign	del 22q11 atypical	nml	nml	-	-	-	-	-	-	-
86	del 22q11.21	18,889,490	- 20,312,668	1,423,178	Pathogenic	del 22q11 atypical	nml	nml	-	-	-	-	-	-	-
	dup 1p21.1	103,155,605	- 103,510,258	354,653	Benign	nml	nml	nml	-	-	-	-	-	-	-
	dup 5p13.2	36,816,661	- 37,158,123	341,462		nml	nml	nml	-	-	-	-	-	-	-
	dup 17q11.2	29,479,196	- 29,697,251	218,055		nml	nml	nml	-	-	-	-	-	-	-
87	del 22q11.21	18,886,915	- 20,312,668	1,425,753	Pathogenic	del 22q11 atypical	nml	nml	-	-	-	-	-	-	-
	del 15q11.2	24,357,212	- 24,472,002	114,790	Benign	dup 7p typical	nml	nml	-	-	-	-	-	-	-
	del 16p12.2	21,578,388	- 21,839,340	260,952	Pathogenic	dup 7p22.3	nml	nml	-	-	-	-	-	-	-
88	dup 7p22.3 → p21.1	44,935	- 19,155,339	19,110,404	Pathogenic	dup 7p22.3	nml	nml	-	-	-	-	-	-	-
	dup 7p21.1 → p15.2	19,159,422	- 26,403,574	7,244,152		nml	nml	nml	-	-	-	-	-	-	-
	dup 2q24.3	166,821,406	- 166,939,893	118,487	Benign	nml	nml	nml	-	-	-	-	-	-	-
	dup 5p13.2	36,877,640	- 37,158,123	280,483		nml	nml	nml	-	-	-	-	-	-	-
	dup 9p24.1	5,112,844	- 5,252,074	139,230		nml	nml	nml	-	-	-	-	-	-	-
	dup 22q11.21	18,886,915	- 19,008,108	121,193		nml	nml	nml	-	-	-	-	-	-	-
89	dup 7q21.3	95,467,621	- 96,178,713	711,092	Benign	nml	nml	nml	-	-	-	-	-	-	-
	del 9p23 → p22.3	13,468,616	- 14,566,406	1,097,790		nml	nml	nml	-	-	-	-	-	-	-
90	del 9p24.1	8,012,608	- 8,227,101	214,493	Benign	nml	nml	nml	-	-	-	-	-	-	-
	del Xq25	126,923,848	- 127,145,037	221,189		nml	nml	nml	-	-	-	-	-	-	-
	dup Xp22.33	1,921,638	- 2,065,015	143,377		nml	nml	nml	-	-	-	-	-	-	-
91	del 9p23 → p22.3	13,466,329	- 14,566,406	1,100,077	Benign	nml	nml	nml	-	-	-	-	-	-	-
	dup 22q11.23 → q12.1	25,650,648	- 25,910,879	260,231		nml	nml	nml	-	-	-	-	-	-	-
92		No change				nml	nml	nml	-	-	-	-	-	-	-
93	del 5q14.3 → q15	90,124,906	- 94,954,205	4,829,299	Pathogenic	nml	nml	nml	-	-	-	-	-	-	-

Abbreviations: Nml, normal; dup, duplication; del, deletion; VOUS, variant of uncertain clinical significance; pb, base pairs.

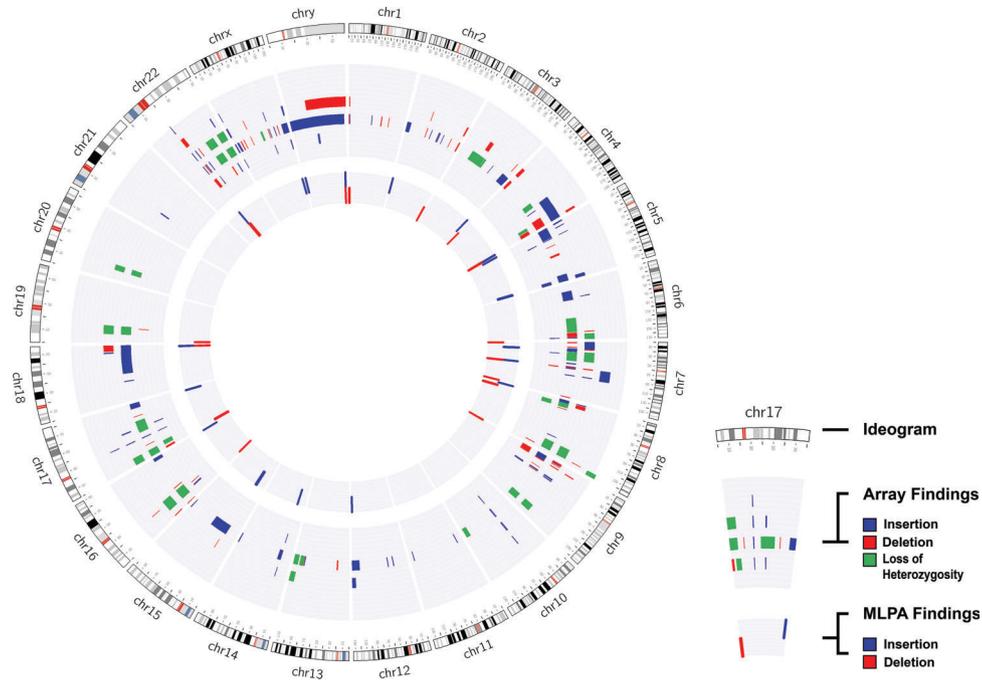


Figure 1 - Cytogenomic map of the raw data of all alterations identified via the MLPA and array techniques. The gray circles represent the locations of the breakpoints of the alterations identified by both techniques, in which the center circle corresponds to the MLPA results and the middle circle to the array results. Each bar refers to the position of each identified copy number change: the red bar refers to deletions, the blue to duplications, and the green to loss of heterozygosity. The genomic positions are reported according to their mapping on the GRCh38/hg38 genome build from the UCSC Genome Browser.

MLPA technique detected ~70.6% of the pathogenic CNVs detected using the array.

MLPA Analysis

The MLPA technique was employed to diagnose all patients using several different kits. No changes were detected in ~66.7% (62/93) of the patients, and in four cases, one or two kits showed inconclusive results; however, these cases did not influence the assessment and interpretation of the results.

CNVs were detected with at least one of the kits in ~33.3% (31/93) of patients (Figure 2). Approximately 22.6% (7/31) of these changes were detected by the P064 kit, corresponding to one deletion typical of the Williams-Beuren syndrome, one duplication in chromosome 7q11, and five deletions of 22q11.2, which were atypical in three patients and typical in the other two patients. All alterations were confirmed by the specific P029, P250 and/or P356 kits.

We also detected subtelomeric alterations in ~45.2% (14/31) of the patients. One deletion was detected in two patients; two duplications in different chromosomes were detected in one patient; two deletions were found in another patient, one of which was detected with the P036 kit and the other with the P070 kit; and the remaining 10 patients showed concomitant deletions and duplications, all of which were present in the subtelomeric regions of different chromosomes.

The MLPA test also allowed us to simultaneously detect CNVs with all of the main kits used in this study (P064, P036 and P070); these changes were identified in ~25.8% (8/31) of the patients.

One atypical duplication (in the *PRODH* gene) was only detected by the P356 kit, specific for chromosome 22, and one

deletion in chromosome 8p23 (three probes) was detected with the P250 kit.

ARRAY Analysis

The array technique was applied to all patients using different platforms (Agilent, Affymetrix or Illumina) and chip densities. The results showed that ~14% (13/93) of the patients did not exhibit CNVs, while ~86% (80/93) exhibited several different genomic alterations, including deletions, duplications and loss of heterozygosity (LOH). These changes were classified as pathogenic, benign or VOUS.

Among the patients showing changes in the genome, we observed a 46.25% (37/80) detection rate for patients with benign and/or VOUS CNVs and a 53.75% (43/80) rate for patients with at least one pathogenic change (Figure 3).

Among the patients with pathogenic CNVs, ~51.2% (22/43) exhibited only one alteration that was considered pathogenic, while ~44.2% (19/43) showed at least two changes with important clinical significance, and ~4.6% (2/43) of patients exhibited three or more pathogenic CNVs, possibly due to complex rearrangements. In several cases, these patients with pathogenic changes also displayed concomitant benign changes or VOUS.

Regarding the size of the changes, the majority of patients exhibited benign CNVs or VOUS ranging from 100 to 500 kb and pathogenic CNVs that were larger than 1 Mb.

DISCUSSION

Establishing an unequivocal clinical and molecular diagnosis for patients with DD and MCA is essential for correlating genotypes and phenotypes and making genetic counseling more effective.



MLPA results

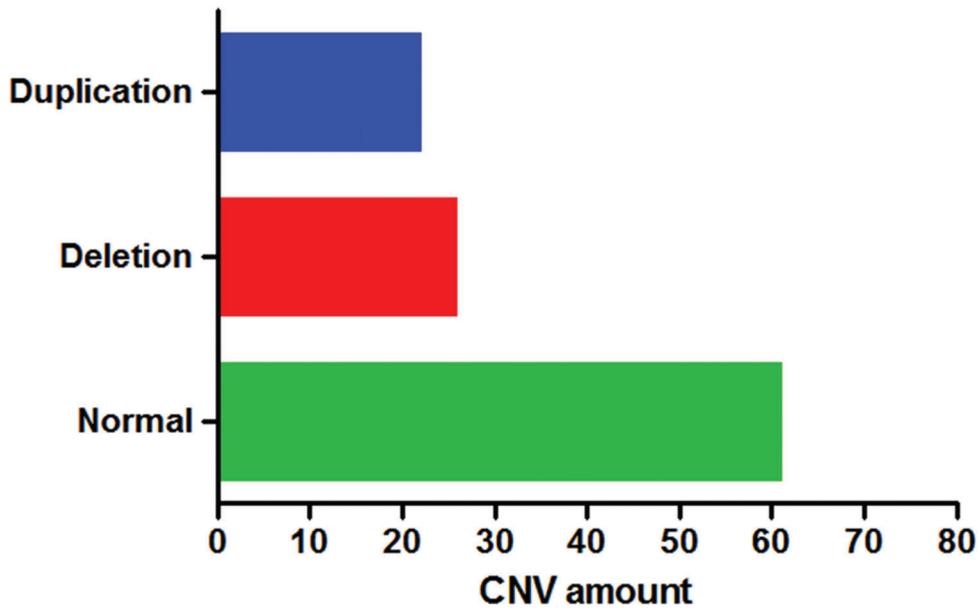


Figure 2 - The results of MLPA. The blue bar indicates the number of duplications; the red bar indicates deletions; and the green bar indicates the number of normal results detected via MLPA.

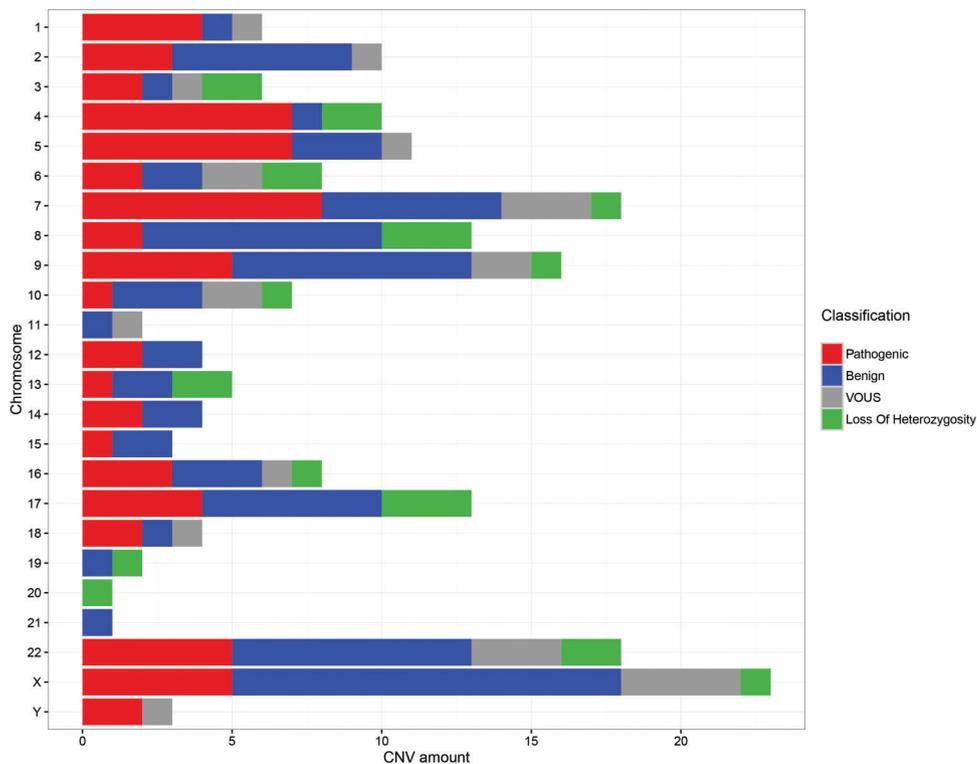


Figure 3 - The number of CNVs identified on each chromosome via the array technique. The red bar indicates pathogenic CNVs; the blue bar indicates benign CNVs; the gray bar indicates VOUS; and the green bar indicates LOH.

With advances in cytogenomic techniques, different syndromes can be better evaluated. Thus, for certain changes, specific genes are now highlighted as being responsible for most of the clinical features of a defined

syndrome, whereas for others it is possible to determine alterations in an increasing number of critical regions associated with specific clinical characteristics (1,6).



Currently, the MLPA technique has become very useful for the detection of the main microdeletion/microduplication syndromes and subtelomeric imbalances, as it is a rapid technique that is able to detect typical changes correlated with specific phenotypes (e.g., Williams-Beuren syndrome or deletion of 22q11.2), in addition to being detecting small and/or atypical deletions and duplications in target regions (9,15,16). MLPA has the ability to assess more than 45 target regions in a single reaction without cell culture, making it a cost-effective and widely used technique for the validation of other methods, such as array-based analysis (12,15).

In this study, MLPA analysis using the P064 and/or P036 and P070 kits detected alterations in approximately 33.3% of patients. Using the same combination of MLPA kits, Jehee et al. (31) identified pathogenic changes in 21.8% of 261 patients with DD and MCA.

In a study performed on 258 patients with intellectual disabilities and dysmorphisms in 2007, the rate of the detection of alterations using several kits was 10.1%, among which only 5.8% were changes in regions correlated with syndromes, and 5.0% were associated with subtelomeric regions (15).

In the patients included in the present study, the changes identified with a specific kit for the main microdeletion/microduplication syndromes (P064) corresponded to ~7.5% of all samples, or ~22.6% of all changes, representing Williams-Beuren syndrome, duplications of chromosome 7q11 and deletions of chromosome 22q11.2. In addition, subtelomeric changes were found in ~15.1% of the samples evaluated via MLPA, or ~45.2% of the patients with copy number changes. In a similar study, the detection rate for alterations in the regions of the main microdeletion/microduplication syndromes was 6.6%, and the detection rate for subtelomeric alterations was 7.3% (10).

The percentage of copy number changes detected in the genome via MLPA depends on the criteria used to select patients, and the data obtained in this study corroborate the data reported in the literature for the regions corresponding to the main syndromes. However, the obtained values for subtelomeric regions were higher than those previously described by several authors.

A subtelomeric analysis conducted by Koolen et al. (14) detected changes in 6.7% of 210 patients with idiopathic intellectual disabilities. Two years later, Palomares et al. (32) detected alterations in 10% of patients with the same phenotypic characteristics using subtelomeric kits.

With the exception of two cases, all of the patients who presented only subtelomeric abnormalities exhibited two changes: one deletion associated with one duplication on different chromosomes, or two deletions or duplications. This set of changes in the same patients may result from complex rearrangements and translocations between chromosomes or regions of instability that are susceptible to rearrangements via DNA repair mechanisms.

We also detected changes with the three main kits used in this study (P064, P036 and P070) accounting for ~25.8% of the CNVs identified among the abnormal results. These alterations may result from a microdeletion syndrome located near the telomere of a chromosome, such as 1p36 deletion syndrome, or complex rearrangements between different regions of chromosomes due to instability and microhomology.

In addition to the changes detected by the main kits used in this study, we were able to identify an atypical change involving a single gene (2 exons evaluated) using the P356 kit and a deletion in 8p23 (3 genes evaluated) using the P250 kit.

These alterations are rare and difficult to detect because they involve specific genes or exons that are associated with few clinical characteristics, or a phenotype present in most patients, making it difficult to determine the correct kit to use.

An important limitation of MLPA is that the signal intensity of the probes varies according to DNA characteristics, including those associated with the extraction method, storage time, elution solution, degree of degradation (if present), and the presence of several types of contaminants, such as extraction reagents, proteins, RNAs, and salts. These influences can be minimized if all samples are prepared by the same technician using the same method. However, it is not always possible to eliminate this bias because samples may be sent from other locations, and storage times and DNA extraction methods may differ from the standard, which can cause artifacts during analysis that only a specialist can identify (8,18).

In our analyses using the MLPA technique, 4 patients showed inconclusive results with one or two of the kits, but none of these findings limited the detection of changes because the surveyed regions were represented in the other kits used in this study. These data highlight the importance of using different combinations of kits because one kit can act as a control for another, confirming the alterations detected and excluding false positive and negative results (10,32).

In a study performed by Marenne et al. (2), MLPA was used to validate data from arrays. DNA from 56 patients were analyzed via MLPA in two independent reactions, providing a concordance rate of 97.25%. Therefore, MLPA is a reproducible technique.

The sizes and breakpoints of chromosomal abnormalities can currently be determined with greater precision, accuracy and sensitivity using array techniques (6,19).

All of the patients included in our study were assessed using the array technique according to the availability of platforms or slides/chips in the laboratory (Agilent, Affymetrix or Illumina). The slides/chips differ in the technologies involved (CGH, oligonucleotides or beads) and in the number and spacing of probes distributed throughout the genome. Technologies with higher genome coverage provide more accurate breakpoint data and can be used to diagnose micro changes or several CNVs that were previously considered a single alteration (e.g., a normal region interposed by two affected regions). In these cases, the low coverage of several arrays may determine those changes to be a single deletion and not a complex rearrangement that may reflect a change in the patient's phenotype (4,19,33).

A total of 93 samples were evaluated, and all of the different technologies employed proved to be satisfactory for detecting variations in the genome, which in most cases corroborated the clinical characteristics of each patient.

The data included results that were considered normal (without changes) for ~14% of the patients. This rate is much lower than that described in the literature. In 2013, Vallespín et al. (27) evaluated 540 samples (patients with learning disabilities, autism and/or multiple congenital malformations) using a customized array with an average coverage of ~43 kb and showed that no CNVs were detectable in 31.85% of the patients. In this study, the samples that were considered normal were assessed using Agilent 180K (2/13 patients), Agilent 60K (1/13 patients) and Illumina (10/13 patients) arrays, all of which exhibit a high rate of genome coverage. The results (particularly those from the Illumina platform; 65 samples), were considered normal because the majority of the evaluated patients had not received a



suspected clinical diagnosis. These patients should be further evaluated and subjected to exome sequencing or targeted tests searching for mutations in specific genes or gene disruptions due to unbalanced translocations (4,20).

Among the patients who presented alterations in the genome, the array technique showed that 46.25% of the patients presented benign changes or changes of uncertain clinical significance, while 53.75% of the patients presented at least one pathogenic change.

Among the patients exhibiting alterations of clinical significance, the majority of patients presented only one or two pathogenic changes in the genome, which were or were not combined with other alterations, corresponding to ~51.2% and ~44.2% of the patients, respectively. Complex alterations with three or more pathogenic CNVs in different regions were observed in approximately 4.6% of the patients.

The detection rate of pathogenic alterations visualized in this study was much higher than the rates previously reported in several articles. Rosenberg et al. (34) investigated 81 patients with intellectual disabilities and facial dysmorphisms via the CGH array technique and concluded that 16% of the patients exhibited a pathogenic chromosomal imbalance related to their phenotype, while 4% of the patients exhibited changes of uncertain clinical significance. Gijsbers et al. (25) used several SNP array platforms to investigate patients with intellectual disabilities and multiple congenital abnormalities and detected alterations in 22.6% of 318 evaluated patients. Therefore, array analysis was considered the most appropriate test for the initial molecular investigation of patients with these characteristics and normal karyotypes.

Hochstenbach et al. (28) also recommended arrays as the first diagnostic test in this patient group. Based on analyzing many studies, they concluded that the rate of detection using arrays would correspond to at least 19% of pathogenic changes. Other studies have shown similar rates, regardless of the platform selected to diagnose patients with intellectual disabilities, malformations and/or neurological disorders and normal karyotypes (20,27,28).

Regarding the size of the observed changes, we identified the greatest number of patients with pathogenic CNVs that were larger than 1 Mb. These large changes usually involve more causative genes of a disease. However, the severity of the clinical manifestations in patients is not necessarily directly correlated with the size of the change but is correlated with location and gene content. Therefore, a small change can potentially reflect a more severe phenotype due to the pathogenicity of the altered gene (1,35).

With the implementation of SNP arrays, it has become possible to identify changes that were previously undiagnosed using CGH arrays. In this study, we identified four patients with LOH or UPD regions that can be correlated with recessive disorders (20,24,25).

The main challenge in analyzing the results of the arrays is determining which changes are significant for each patient, as it is common to identify more than one change per patient, and all of the changes could potentially influence the phenotype in many cases. The identification of benign and VOUS changes is associated with the increased array density used for diagnosis, as arrays with a greater number of probes are able to identify a greater number of microalterations and determine the breakpoints of these changes with higher accuracy. However, the identification of regions involving genes without an established function or regions that do not contain well-described genes will also increase (24,27,29).

All of the changes detected in the present study were checked against several international databases, including the DGV, Decipher and UCSC databases. Nevertheless, a more appropriate assessment of the changes identified in our patients would result in the creation of a database with information specifically from Brazilian people.

Most of the obtained results (~97.8%) were concordant with each other for the regions investigated. However, not all of the results were in agreement, as the MLPA technique covers approximately 45 specific regions of the genome in each available kit, and this technique therefore depends on a clinical features and direction toward a specific target. Approximately 54.9% of the CNVs were not detected via MLPA compared with array analysis, and higher rates for this comparison (72-81%) are reported in the literature (2).

Despite the presence of the same alteration, one case was discordant in relation to the breakpoints detected via array analysis and the position of the MLPA probe. Therefore, to obtain a conclusive molecular diagnosis, other techniques should be applied to reevaluate the exact breakpoints involved.

All of the techniques employed in this study have advantages and disadvantages depending on the application and could potentially be applied together to obtain a complete molecular diagnosis.

Our findings showed that the interpretation of genotype-phenotype correlations in patients with complex genomic rearrangements is very difficult, but these results can directly contribute to the elucidation of new syndromes.

Arrays are a powerful tool for the identification and characterization of genomic abnormalities and can provide accurate diagnoses of previously unidentified or unexplained diseases that are suspected to have a genetic cause, contributing to appropriate clinical management of the affected patients. When an array is not available, MLPA with a combination of three kits (P064, P036 and P070) is a remarkable tool that can detect abnormalities in patients with DD and MCA (10,15,31).

Clinical and laboratory interactions with skilled technicians are required to target a patient for the most effective and beneficial molecular diagnosis, in which an appropriate clinical hypothesis is crucial for the successful detection of changes.

Patients exhibiting normal results or benign alterations may present a clinical phenotype due to balanced rearrangements with disruptions in several genes or mutations in specific genes. In this case, other molecular techniques are required to achieve a complete diagnosis, such as exome sequencing, which can detect changes in 80% of patients with developmental delays of unknown cause, and analysis using normal arrays (4,20).

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■ AUTHOR CONTRIBUTIONS

Zanardo EA wrote the paper and performed cytogenomic analysis. Dutra RL performed cytogenomic analysis and genotype-phenotype correlations. Piazzon FB performed the clinical evaluation and cytogenomic analysis. Dias AT, Novo-Filho GM and Montenegro MM performed molecular



analysis and classical cytogenetic analysis; Nascimento AM prepared the samples and performed DNA extraction; Damasceno JG created the graphics and images. Madia FA and Costa TV discussed the results. Melaragno MI and Kim CA provided the samples and clinically assessed the patients; Kulikowski LD designed and coordinated the study. All authors read and approved the final manuscript.

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